

History and Overview

The Harry Meyering Center was established in 1973 by the local ARC and parents of children with mental retardation. Parents involved in HMC's development sought to provide their adult children with a residential alternative to state institutions .

The Harry Meyering Center was named after Harry Meyering, a former professor at Minnesota State University, Mankato. Meyering, the first director of the Department of Special Education, was an early leader in the field.

Harry Meyering Center has grown to serve around 150 individuals and consists of three programs: Intermediate Care Facility (ICF), Supportive Living Services (SLS) and Semi-Independent Living Services (SILS)/SLS In-Home.

Harry Meyering Center is a non-profit organization, governed by a volunteer board of directors and employs about 300 staff members.



HMC's Mission

It is the mission of the Harry Meyering Center to facilitate and support meaningful lifestyles for the people we serve.

HMC—We make a Difference in People's Lives!

Harry Meyering Center

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Harry Meyering Center

Family Outreach Program



*We Make a
Difference in
People's Lives*

Family Outreach Program

In its quest for excellence in programming and its desire to meet community needs, the Harry Meyering Center (HMC) is beginning a program in which families with Jr. and Sr. High students with developmental and other disabilities would be able to participate in recreation and leisure activities which are already being sponsored by HMC.

HMC provides residential support and services to area citizens with developmental and other disabilities. Since 1973, HMC has responded to the individuals we serve and their families with services that:

- Encourage dreams
- Focus on independence
- Foster community connections
- Help individuals cope with life-changing events
- Offer special attention to safety, health needs and security

Steps to Participation

If you or someone you know is interested in participating in HMC's family outreach program, please contact Judy Arzdorf to obtain registration forms.

Steps to follow for a participant to attend events include:

- 1.) Turn in application form/photo release.
- 2.) Participant will complete orientation with parent, guardian and/or staff who will participate in the activities.
- 3.) Participant must R.S.V.P. for each activity and include the number of individuals attending.
*Cancellations must be received a minimum of 1 day in advance
- 4.) Participant must be accompanied by a minimum of 1 parent, guardian or staff who is familiar with the youth and who will actively participate in the event/ activity 1:1 ratio. (ex: 1 participant with 1 staff)
- 5.) Participation is limited to registered participants.
- 6.) If there is a participation cost, payment must be received prior to the event. (Most activities are free.)

Examples of Activities

- Craft club
- Group walks
- Art baskets
- Game nights
- Holiday activities
- Exercise classes
- Card-making
- Sensory experiences
- Scrapbooking
- Volunteer efforts
- Musicians/entertainers
- Parties
- Arts & crafts

